

BEHIND THE ABSTRACT

... there is always a message

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Adrian Gabriel Dumitru

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ADRIAN GABRIEL DUMITRU

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***THE POWER TO
LOVE WHAT IS
PURELY ABSTRACT
IS GIVEN TO FEW***

MARGOT ASQUITH

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INTRODUCTION

Someone once said to me ... "I don't want to be abstract ... I want it to be real".

It was the reply at the fact that i've said to her that a friend of mine, that was in fact married, was loving her in an abstract way.

But we all do the same ... we refuse to understand the meaning of the abstract in our lives ... or to see what is the message behind the message.

And then we live the same experiences on and on and on ... and we keep wondering why ... why ... why??!!

I believe today that refusing to start learning the art of understanding the abstract ... is a way of refusing to continue growing as a spiritual being.

Somehow the Universe, even if we dislike it, gives us the same lesson on and on and on ... but we just can't see that the Universe loves us ... all of us ... and tries all the time to save and help us ... to understand what we call lessons of life.

The abstract is strange sometimes ... i know ... but seeing what is behind the abstract, you understand the meaning of life.

So ... how should we start?!

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Where we should pay more attention in the events from our lives?!

Well ... somehow is quite simple.

Everything has a huge impact on us ... annoys us in a terrible way ... or has a repetitive character ... in there you will find the meaning of the lessons you need to study.

In the end ... we can even use the slogan ... "It's not what it looks like" ... cause probably this is the real definition of the abstract.

But can we ignore the signs?! ... the lessons?!

You might have moments when you could believe that ... but then the power of the message will have a stronger intensity.

And will be repeat on and on and on ... and the abstract values will annoy you in a terrible way.

The solution?!

Maybe ... just have an opened mind and pay attention to the details.

So ... we should spend life only meditating?!

Sure not ... but we should keep the right balance between living and enjoying life ... and also thinking about it ... its messages and how we could grow as spiritual beings.

And probably keep in mind that ... behind the abstract there is a always message.

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How can you fight with an illusion?! Well ... just SMILE

Many books of philosophy and also the ones that have religious content ... define life as an illusion.

I saw that in hundreds of them ... and sometimes i have moments when i ask myself if that is true or not.

And i have days when i say ... no, but also days when i say ... yeeeeesss ... life is an illusion.

But today i would dare to redefine the concept of illusions ... and name them life lessons.

The funny thing is that the more you study the concept ... the illusion becomes even more powerful ... trying to convince you that it is real. And this is where the power of an illusion is ... it looks so damn real ... and we believe it.

It happened yesterday to me that a neighbor came at my house to kill me and i had no idea what is going on.

Few other people tried that with me in the past, including a guy that was accusing me that i had stolen his wife, which was partially true ... so i was quite calm in that moment.

He was accusing me that he can't connect his house to electricity, unless he pays me a huge amount of money.

This was the final decision from the Electric Company, but i had nothing to do with that decision.

Developing the area where my house was, connecting to the electricity costed me a fortune and now this guy was paying a small part of the money back to me ... which was in fact normal.

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The guy was blind.

He really wanted to kill me ... after reading a paper signed by the president of the Electric Company ... making a huge confusion.

Then i understood everything was an illusion ... and i started to wonder what is the message behind the message.

Was it any message or i just had a neighbor that only lost his mind?!

Then ... after leaving the conversation i realized i had been blind, same as the guy, for hundreds or thousands of times.

I did not wanted to kill anyone ... but had the same negative reaction so ... so ... so many times.

I was telling the story to a close friend of mine and he only replied ... "You was blind too ... ".

Then i was meditating ... and i understood he was right ... but replied to him:

"If you saw it that i was blind, why you didn't told me that" ... smiled and continue "... I know! Probably my reply was that ... you are blind, not me".

Sometimes you can't believe it ... what is going on when it is so obvious ... and you even recognize it as an illusion ... but it's only a life lesson.

So ... my dear ... what is the illusion of the day for you?!

Looks real?!

Well ... just smile ... it is the only trick that works against it.

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Selling ... ILLUSIONS ... a new way of making money?!

Not long time ago it happened i met a guy that is a real estate investor.

He was in a group of friends that have luxury cars, go to expensive vacations ... but also love investing money in different kind of properties.

Him and his friends could be defined as successful people, according to the nowadays standards.

Had the chance to talk with him few times and he really looked to me like a nice guy, but very soon someone told me that in fact, him and his friends they were drug dealers.

I said to myself that this is clearly a misunderstanding ... cause the guy was a looking like a nice person.

Later on i found out that today, in my country, there are so many drug dealers all over the place ... that you can buy drugs even from the oil station or nearby a high school or a university.

Selling and consuming drugs is quite normal and if you never tasted them ... you are not in the dogmatic way of living life.

Yesterday ... the guy i told you about was arrested, so probably the story behind his success was a true.

But i will tell you something strange ... why i believe that i did not judged him.

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Not long time ago, i was writing 9 books about love stories and posted them on Amazon to sell them.

I was in fact ... selling illusions also, same as the guy that was selling drugs.

This is the story with drugs ... you consume them ... and then the illusions appear.

But also ... you read books ... and then the illusions appear and many times they are amplified the more you read.

But we know from ancient times, from great philosophers that .. it's all an illusion.

So ... selling illusions became a new way of making money and we all take advantages of that ... not thinking at the results from the other side.

On the other hand ... i know that Osho was using opium when he was meditating and he was a great philosopher ... but also that he was eliminating the drugs from his body with yoga after the meditation.

So ... lots of contradictory informations ... as my friend that was a drug dealer, but didn't look like one ... and in fact looked as a nice guy.

Maybe there is a message behind the message ... that i don't see yet ... or maybe selling illusion was ... it is and it will always be a way of making money ... and it has different ways of doing it.

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**All we need to do is to accept that
all of us ... are different. ... or NOT.
We can easily adapt to both scenarios
and that's only a decision.**

We like it or not, we need to accept that many people are easily losing their temper when the things are not running in the direction we want them to run.

We become angry.

We even show the worst part of our personality ... and we name that ... positioning ourselves on the stage of life.

But the truth is that we just dislike that the others are not agreeing with us ... with our ideas, our thoughts or our plans.

They just think in a different way ... even the opposite of what we have in mind.

Actually, it's quite normal not to be all the time on the same frequency ... but that makes us totally unhappy cause we can't dominate the scene of life.

This is the moment when we even name those people that are on the same scene with us ... our enemies.

They even were our friends in the past ... but now we almost define them ... as war criminals.

Ridiculous ... but that is the truth.

A total non sense ... but this is what becomes a situation when other people can't dominate us ... or we can't dominate them.

A useless war ... with no meaning at all is starting ... having no

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ending.

We are too blinds to see that is not our soul in the story with the useless fight ... but the Ego ... that wants to win.

But to win what?!

That ... or that ... or that?!

What is the message behind all what is going on?!

I tell you what i certainly know for sure.

The ego ... my ego, yours etc ... wants more and more and more ... but what is extremely important for the ego is to dominate ... all the time.

It does not matter if it is a simple thing or an important one ... but only the chapter with domination is important.

So ... can we accept the others ... just as they are ... i mean ... different than us?!

They could be communists ... or other religion than us etc etc ... but just different.

They could be even complementary with us ... and we could be blinds to see it.

There are many things to say ... but just understanding that all of us ... are different ... so we have this right to be unique ... and we should respect it.

We can easily adapt to both scenarios ... accept or not accept the others just as they are ... but having enemies, not living a life in harmony is not a positive path to follow.

Losing your temper ... letting the Ego prove its powers ... means letting your soul be controlled by an artificial entity.

Just be yourself ... and let the others do the same!

It's only about respect ... for you ... and all the ones you meet on the stage of your life.

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Alive ... but not feeling alive. A paradox from the modern society

What does it really mean to feel alive?!

Well ... it's quite difficult to define ... because in fact we are alive, but we just believe that we don't feel it.

It's a paradox ... but we continue on this path for such a long time ... not understanding what is really going on.

During the years, it happened few times ... that different persons declared that they wanted to kill me ... for reasons difficult to be understood.

An important guy i know ... owning a big security company explained me ... that if someone wants to kill you ... will just do it ... but never give you a reason to believe that will do it.

I understood he was right.

Those persons had the illusion that they wanted to kill me ... and i had the illusion that they wanted that too ... so it was all in illusion.

But the funny thing was that i felt alive in those moments ... and appreciated life a little bit more for a while.

I jumped from the status of not feeling alive to the status of being aware that i could lose something that i actually don't feel that i have. So ... what was the lesson behind the illusion that someone wants to kill me?!

Well ... i thought for a while ... and then i forgot again how to feel alive ... and i only remembered when i became extremely unhappy for long periods of times.

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Later ... after 1-2 years another idiot appeared again ... telling me that he wants ... to kill me ... for a non sense reason.

And again felt alive.

So ... the message behind the message was quite simple ... i did not appreciated a very thing ... my life.

And we all probably do the same ... even if being alive is the most precious thing that really matters.

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We just live in a crazy world. That's all!

I was waking up ... opening my eyes ... thinking only at the taste of coffee that i will drink in 10 minutes.

It was a sunny day ... so i was already defining that day as a beautiful one.

Then ... i was hearing someone ...calling me ... with a very load voice. It was someone in our garden ... and looked like a person that lost his mind.

I usually recognize the voice right away, cause i spoke on the phone with thousands of people during the years ... but i did not realized who that was.

7:30 am ... Thursday morning ... what could it be about?!

Even if someone from Police would come, would be even more polite.

I went to the garden ... and then i saw in there a neighbor that i didn't see for years.

I just told him ... "What the hell are you doing in here?! Get out or i call the Police".

He stopped ... tried to explain me something... but i did not understood anything at all.

I was only hearing ... "I lost my mind by already 2 weeks! ... i just lost my mind!"

So ... a guy that i had nothing to do with ... was at the first hour in my garden ... explaining me that he lost his mind ... but i was not even drinking my coffee.

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My youngest son got scared.

My wife also.

I was working in sales for years and i had the chance ... or should i say the opportunity?! ... to meet lots of crazy persons ... so i was keeping my calm.

But i also remembered what Seneca used to say that only the fact that you own wild animals is dangerous even if you keep them in a cage, cause they could kill you when you try to feed them.

And it is the same with those crazy persons ... they just become wild ... not being responsible for what they do.

I tried to find out why he was so mad ... and it looked like he had a conflict with a lady that rented a house from me ... but also 2 weeks ago another neighbor made a complain at the city hall cause he owns too many bigs etc etc.

He was keep repeating ... "i lost my mind! I lost my mind"

He was coming to me ... to help him ... and i realized that he became calm only when i've asked ... "Please tell me what i could do to help you!"

He was desperate ... but because he lost control on himself ... and hearing that i will help ... made him see things in a totally different perspective.

He left ... after 5 minutes ... only when i was becoming calm and spoke with him with love.

It was a total non sense what happened ... but i was wondering what was the message behind the message.

In a second i understood i lost my mind many, many times ... and probably i found the help only inside of me ... cause no one really calmed me at that time.

I was not different than that person that came to my house.

Truth be told ... we live in a crazy world ... but we also have moments of craziness ... and we totally forget that.

Losing your mind ... means to lose control over yourself ... and not being responsible anymore about what you do.

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The wild side of us ... is there.

But it's only a decision to show to the world our beautiful side.

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The torture ... an abstract way of helping you

Been to the dentist.

She was torturing me this time.

Usually does not hurt, but this time was hurting a lot.

But ... all it was for a good reason ... to help me have a good dental health and cure all my teeth.

So ... the torture was for a good purpose.

While staying on the chair, having all those terrible pains ... i was thinking at all the people tortured by the nazism and the communism. I read lots of books about the subject, but i only found out what happened and not why happened.

Why those people from that time had the misfortune to have such a life?!

The first world war ... then the second world war ... then in many parts of the world the communism continued the torture.

Did those people deserved to have such a life?!

Why did the Universe allowed as this to happen?!

It makes no sense at all ... but i can't find any explanation.

Was it a message behind the message?!

What was the spiritual meaning of all of that?!

But ... maybe the torture had a purpose ... to purify them as spirits.

I had been studying the lives of the ones that spent 10 to 20 years in the communist prisons.

Should make no sense to write about how terrible it was for them.

Probably a scene of torture in those prisons was like an eternity ...

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and the ones that survived ... keeping their moral high all the time, should be called ... saints.

So ... the meaning of those times could be defined as ... a way in how they purified so, so many souls?!

Should that be the message behind the message?!

Maybe is too much to define the whole picture in such a way ... but the truth is that i would define for example a guy as Nelson Mandela as a saint ... after 27 years of prison.

So ... the torture ... might be an abstract way of purifying the human souls ... but maybe we can find others ways of doing it.

Meanwhile i continue going to my dentist, letting her to torture me from time to time ... cause i just did not found any other ways of curing my teeth.

So ... at least from this point of view ... i accept the torture as a positive thing in my life.

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Connecting to people ... the art of speaking in 100 languages

Knowing a foreign language is excellent.

But how many languages can we learn?!

I am sure that the human being is able to speak 10-12-15 languages if there is a big interest for that.

But is that the secret for connecting to anybody from anywhere in the world?!

An ambassador ... when he goes in a new country ... he tries to learn the language, but also tries to understand how people from that country think, what are their rituals, what is important for them in life etc etc.

He tries to understand the human beings from that part of the world ... with everything defines them.

And pays attention to all the details ... but also respect all those details.

The ambassador knows the art of connecting to people ... which is in fact the art of speaking in 100 languages.

One of the main reasons of unhappiness is generated by the fact we don't have good relationships with other people ... and this is happening only because we never thought of learning the art of dealing with other human beings.

No one told us that is so damm important.

The final results?!

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Lots of conflicts at home, at work, with the neighbors ... and even on the streets.

We have no idea that there is a science called ... management of conflicts.

And we fail so, so many times.

But should we act as a great ambassador?

I saw so many politicians ... that were in fact just idiots, but somehow ... someone learnt them the art of connecting to other people.

Usually they do it in an artificial way ... wanting to get just a short term result ... but our main target should be to have great relationships with anyone ... anytime.

So ... what should we do?!

Why we just don't have great relationships?!

What we do wrong?!

Well ... we just don't know to open the heart ... and connect to those people from our lives.

The art of speaking different languages is not enough ... even if you will speak 100 languages ... but connecting to the soul of everyone we interact with ... is the real trick.

Not in an artificial way as an ambassador or any other politician, but as a human being that loves the other human beings.

I saw people that loves animals a lot ... but what if we are brave enough and decide to love the other human beings?!

Maybe there is a message behind the message at the fact that we fail in so many interactions with the others.

... just think about!

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The solitude ... a way of staying only in your own energy field

If i would be 20 today, i would try to hire myself at McDonalds .. cause i know i would interact with thousands of people ... and learn the art of connecting to the others ... without reading any books at all.

Probably today ... if someone would speak unpolite to me ... i would not even care.

Or ... i would smile ... and say ... "Say it one more time ... please! I just want to laugh loud and be happy ... cause i am not anymore mixed with my Ego."

But truth be told ... we decide to chose solitude, because we had enough of living in a crazy world ... and be aware at the fact that the others ... the ones we daily meet .. could hurt us.

But i wonder if there is no misunderstanding between the fact that there is not the soul that is being hurt ... but the Ego.

Living in solitude ... is great ... but probably is not my path for this life.

My life lesson is ... understanding the human interaction ... not the human being... but the way ... we interact as humans.

But i missed the chance of ... hiring at McDonalds.

I had other paths to followed, meeting all kinds of people from simple ones to important people.

Had i understood anything from that?!

Well ... the Universe still gives me tests from time to time ... and i

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failed to many of them ... so, so often.

But i continue the journey ... cause i know the lessons will be repeated on and on and on.

The meaning of my life ... i think i understood it ... but still can't act properly on the stage.

I saw the message behind the message ... i know the theory ... but in reality ... i always forget that the illusions i see ... those that look so real ... are only tests and lessons.

My life continues ... and nobody understands, not even myself ... why i am so slowly ... in this process of soul evolution.

I refuse the solitude ... cause i still want to play around a little bit ... but not being able to implement everything i learnt ... i live in an energy field which is not mine ... and that delays myself to become ... ME ... the one i need to be.

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**Love living in a small world?! or a big one?!
Or maybe ... just in your own world?! ... which is
actually just a way of daily enjoying the quote ... “My
life! My rules!”**

There is a nice saying, defining the way we should live life, like ... “a big fish in a small pond, or a small fish in a big pond”.

This actually means that you could look like an important person in a small environment ... like a village, or a small company, a small school etc... or maybe be someone great ... but living in a big place ... New York for example ... and still not look like someone important.

Comparing ourselves with the others is just ... silly ... even if it is in a positive or a negative way ... but there still is a greater path to follow. What if we decide to live a life in our own environment ... staying just you ... with you?!

Should that be a wise decision?!

I mean to live a life ... with the slogan ... “My life! My rules!” ... and do whatever you want to do ... not caring by the outside world.

We know the fact that the world is not splitted into a small and a big world ... like we see a small village and a big city ... but on the inner and the outer world.

So the decision itself ... is to choose if you want to spend your life just as the soul tells you do ... or let the others define the path you will follow.

I lived in a small town, so i know what the “small pond” means ... and

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that anything you would do ... will be noticed by all the others.

I also lived in the capital, for more than half of my life ... so i know what "small fish in a big pond" means ... but today i live in a village.

Small town ... the capital of my country ... and now a village.

But you know what i started to do?!

Ignore the outside world.

I am not watching tv, not reading the news ... i am just exploring life philosophical paths of life ... hoping i will find in my inner world the answers i looked for tens of years in the outside world.

My message is a simple one ... even if i did not found the supreme truth and probably will not find it during this life time.

Pay attention to your soul ... the one that is whispering you so, so many things.

But probably ... same as me ... even if there is a message behind the message, in all we see in life ... you don't have ears to hear and eyes to see.

The awaking looks like the horizon line ... we see it ...and we even have the illusion that we can touch it.

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**Don't be afraid of anything when
it comes about change.
The moment you totally redefine yourself
... everything around is redefined.**

You see when you try to change ... you usually find a plan right away.

You define it in very small details, but the biggest resistance comes ... from the outside world.

They are not used to see you in the new way ... and they will not accept you, unless you send the right message to them.

But should we bother to do that?!

Well ... the easiest way is just change the environment where you live, find new people to interact with ... people that don't know how you used to be ... and will see your new way of being ... just as you.

No questions.

No defining ... explaining that change will not last forever etc etc.

We are used to be defined and we actually let the others define us ... paying too much attention at what they have to say.

And this is when the process of change is being sabotaged.

We want the change, we start to implement it, we really believe it is a good path to follow ... and then we stop.

We are not stoped ... we stop.

The others do the game of defining ... just as they daily wash their teeth ... but should we give them so much attention?

Well ... we miss so many things in life ... only because we can't stop

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thinking what other people think ... of us.

We can't see the message the Universe sends us.

The inspiration comes ... with the idea of how we can chose the new path of change.

Everything ... conspires ... so that the change should happen.

But ... the Universe gives you a small test ... through the people around you ... that speak lots of things about what you are trying to do.

And instead of seeing is just a test ... you take it for real ... and can't see the message behind the message ... and that is ... if you really want a big change in your life ... you should only care about what your soul is whispering you.

Nothing more!

Believe in yourself ... and everything from the outside world will be redefined if the inner world had been redefined for ... real.

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A simple plan for your life ... just enjoy it!

Years ago ... i started to built and loved it.

Then i continued with a new house ... and a new one ... and then i said one day ... let's try with 15 houses.

Meanwhile i decided as those houses to become a complex with few places for recreation ... and also a bar and a swimming pool.

The whole project was more expensive than i even thought about ... but i knew that if you want to eat an elephant, you just need to cut it into small pieces and eat one piece ... and then another one ... and another one ...

To lie myself that i can do it, i worked on all the buildings.

One week i was doing something, then i was doing something else to another house ... and so on.

I had no money on my pocket ... but i was continuing the project.

There were days when i saw that i will complete everything and days when i thought that i just try to touch the horizon line.

Everything took 5 years.

Not even the people involved in the project ... could believe that i will finish one day.

An idiot, that worked with me ... but very good on what he was doing ... told me in the second year ... "It will take you at least another 3 years to complete this project".

I almost wanted to kill him hearing this, but i decided to go to my car and leave.

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Being so nervous ... i crashed his car, by accident.

Paid the damaged ... but i was glad of what i did ... because of what he just said.

During the time ... i had many moments when i realized that the project is not a residential complex ... but a life lesson.

I lost my temper hundreds of times and i had a delay for at least one year cause i did not knew how to react and speak with the workers involved into the project.

The project itself ... became a prison, but after 5 years i succeeded and rented all the houses.

Imagine what i did at the end?!

Well ... just started a new project with a house with 23 rooms, that will be kind of a hotel for elders.

The project is half of the last project ... but still a big one for my powers ... but i decided to not care anymore of how much time it will take to be completed.

I tried to remember that i build ... because i love to build ... and i should just enjoy that process.

I actually forgot the message behind the message ... that i love the process itself of building ... but not necessarily the fact that i will own those buildings.

When it will finish ... guess what?!

You think i will go in a vacation for 1 year around the world?!

No, no.

I am sure ... i will come out with a new project.

But ... at least ... i decided to enjoy what i do ... even if it is an illusion ... or even a prison project.

So ... a simple plan for your life ... just enjoy it .. whatever you do ... with not so many plans anymore.

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**All of us ... the humans .. we just
need some guidance. That's all!
Not knowing this is the only reason
... we became experts in failing.**

I know real stories about people, that achieved a great success in life, because in one point they decided to get a coach that will guide them. That coach was an expert into that area and success came to the persons i am talking about ... right away after strictly following certain rules.

You see, i read lots of books about success and keep in my mind the main rule ... find the model of success that you want, analyze it ... and then apply to your life, with a script a little bit improved ... so that you can achieve even a greater success.

But why can't we apply the method ... with a coach?!

Who needs to be the coach?!

Well ... that person could be anyone ... from your grandma to your ex class mate ... but whoever that person is ... needs to be a person with life experience, a good connection with you ... but also good intentions.

So ... what problems you have in your life?!

Financial problems?!

Maybe you have a cousin that is already rich and will love to become your mentor for financial issues ... or a old friend from school, that wants to become a coach in money problems ... and will love to help you.

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Have problems in your marriage?!

Maybe you just don't know how to act with your soul mate?!

Believe me or not ... even a mistress is good in this case, if she really has a good soul and beautiful intentions.

Is hard to believe that ... but the mistress can teach a man ... the art of loving a woman.

The mistress ... can become a real coach when it comes about relationship problems, but of course as long as you don't fall in love with her.

And in all the other areas of our lives ... sometimes we just need guidance.

All we need to do is just ... ask and accept the help.

Truth be told we just can't be experts in money, love stories, modeling, cars etc etc ... but with some special help we can understand all the areas of life.

So ... we need to do what?!

Well ... just connect to the people that wants to help you ... or the ones that can help you ... and pay attention to that relationship.

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When the obsession is gone ... the real path will appear

I had many obsessions in my life and i am glad i have the power to admit that.

But one day i became much happier when i found out that behind any obsession there is a very powerful message.

I studied it.

Defined it ... in 1000 ways.

Then ... one day i realized the obsession is usually only an illusory desire.

I wanted to define the obsession ... but the obsession itself was defining me.

I had moments when i was one with the obsession ... cause all my energy was there.

Today ... i look in my past ... seeing the history of my obsessions ... and i laugh.

When i finish laughing ... i talk with myself and realize that the illusion ... even if it was an event, a person, a situation ... was just a life lesson.

Today i saw again an illusion that defined my recent past for about few years.

I felt nothing ... and i was so happy.

I was cured.

It was like a test ... to see if i am still in the prison of that illusion ... and i did not failed.

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The obsession was gone ... which actually means a new path is waiting for me ... hopefully a good one.

Somehow ... i need to keep in my mind that what i see ... and looks so real ... is never what it looks like.

The funny thing is that the obsession is always amplified ... and is not that it looks real ... but it represent your whole life in that moment from your timeline.

Words ... the art of defining ... and any other methods becomes useless ... as you can't really see the truth.

Long time after the obsession will end, maybe even years, you will see its meaning ... why it appeared and why it took so long to disappear ... which actually means the end of the process of healing.

You see ... we need illusions ... obsessions ... but keep in mind that somehow we need to get out of that labyrinth.

The soul is difficult to be healed ... but is the most important thing we need to take care during our life time.

BEHIND THE ABSTRACT

... there is always a message

The funny thing about ... cheating ... is that one day you'll start cheating yourself too.

People like to experience lots of things.

Sometimes ... just because life is boring, trying to get out from the actual reality ... cheating becomes a way of doing something different ... or at least this is how we define it.

And we start cheating the life partner, the business partner ... and many others.

We believe we just taste other paths of living life.

And we continue believing nothing will happen ... and that we are allowed to do in life whatever we want to do ... without paying any price for it.

But ... doing it so often ... cheating becomes a way of living and we start to cheat not even the life partners, the business partners etc etc ... but even us.

And there is nothing worst in life than cheating your own soul.

You betray your dreams and goals ... your main philosophy or life ... the main path you follow in life.

It all becomes a new way of living ... having no real values in life.

But i still wonder what is the message behind all those actions?!

Why people still do ... the cheating?! ... and even find an explanation for that.

You see ... we always want a different life and we even name what we want ... as a dream life.

BEHIND THE ABSTRACT

... there is always a message

But we don't have the courage to do it with all the heart ... we just want to taste the change before we do it.

Taste how should life be with another partner, how businesses will be with another business partner how should be to have another job etc etc.

Cheating becomes a synonym for ... tasting, but maybe the main reason we do it ... is just that we are too cowards to do it for real.

Cheating might be a positive script ... if you have the courage to start a new path, after you understand that you love what you just ... tasted ... but a negative scenario if you believe you can live life like that ... at infinite ... just tasting.

Be aware as one day to not start cheating yourself too ... cause that should be the worst case scenario.

Just think about it!

BEHIND THE ABSTRACT

... there is always a message

Just me and myself. Defining my thoughts ... walking on a pathless path

I tried to find answers.

I spoke with myself for many months in a row.

Then i started to learn the art of defining.

The huge mistake i did was that ... in one point, analyzing and defining ... i amplified everything too much.

I took all that happened too seriously ... not realizing that i was defining an illusion ... seeing the small details ... but not understanding the whole picture of what was going on.

I was writing hundreds of pages, believing i understand what is going on with my life.

Later on ... i discovered the concept of ... the message behind the message ... and i understood that all i see in my life, even if i define it so good and looks so real ... is only something illusory.

The real message the Universe whispered to me ... was a very simple one .. and i had no clue what was going on.

I was prisoner in a cage full with all kinds of details ... but had no idea that those details were only encrypted messages ... that i did not even knew that they existed.

It was me and myself ... in that cage ... and maybe the typewriter.

All of us ... had something to say ... but it all became a journey on a pathless path.

Contradictory ideas were coming.

BEHIND THE ABSTRACT

... there is always a message

Defining my thoughts, writing them down, believing that i found the absolute truth ... but the next day realizing it's all a misunderstanding ... it became a new way of living.

Then i discovered that ... i can redefine everything.

Defining was the beginning of the process i needed to follow in life, but redefining my life was actually what i had to do ... cause i just did not liked my life.

BEHIND THE ABSTRACT

... there is always a message

Let the silence begin! The best way of communicating with difficult people ... using the power of silence

I am a difficult person and i really know what a difficult person is.

I had hundred of conflicts with lots of people.

Every time i believe i am right ... i continue arguing till i succeed to send my message.

But the real truth is that after the argue stops .. i realize i lost my energy for nothing.

I could just close the conflict right away ... by simple smiling and leave ... but i preferred to lose money, friendships and lots of opportunities just to prove i am right.

I sometimes had huge loses ... but i continued doing the same ... on and on and on.

My life had lots of chapters as that and even if i studied the management of conflict ... i could not see the way out of this labyrinth.

But one day ... I suddenly discovered i can just ... let the silence begin.

I started to get rid of the trend ... of becoming angry ... and just think of a way of connecting to people in a beautiful way but also disconnect from the world when i don't want to interact with them anymore.

The silence taught me to cut the cords with the people i interacting in

Adrian Gabriel Dumitru

BEHIND THE ABSTRACT

... there is always a message

a negative way.

But ... on the other hand ... i looked around me and did not saw anymore so many people as i used to see in the past.

Most of them disappeared forever.

And most of the time ... it was just me with myself.

But the funny thing is that i did not knew myself ... and i started to understand who am i ... what i want.

All those long moments ... i started to ask my soul ... why did i run away for such a long time ... avoiding to have a close connection?

I looked only into the outside world ... refusing to spend time me with myself.

But ... in the end ... when the silence began to appear ... i started a new chapter for my life.

I started to see the message behind the message ... and did not liked what i saw.

I was having a conflict ... not with the other people, but with ... myself.

I had a problem with the connection of my soul ... and thought that by trying to control the outside world ... i will hide very well the real truth.

But the silence appeared.

... and then ... my soul appeared also ... asking to be friends ... forever.

Dare to meet yourself!

BEHIND THE ABSTRACT

... there is always a message

Still in illusion

"Still in illusion ...
Still confused,
Still disturbed,
... but still in love"

(Arij Emaan)

I haven't spoke by a long time with my dear friend Arij Emaan, which is also a writer, and i was really happy cause i chatted with her. Last time we talked ... i was talking about the illusion of life and she was talking about love ... but now she was defining the love story itself as the synonym for the illusion. I was in love too at the time we met ... by someone else of course, but i knew what the illusion was. I even had the power to write a book called ... "The beautiful illusion of being in love" ... and i am smiling today, after such a long time ... hearing Arij that she feels the same. I represent the philosophy of the men of 40 and Arij the philosophy of women of 20, but even our wives know that we like the women of 20 ... no matter what they believe about life. It is so funny to look into the past ... thinking at all the thoughts and feelings you had not so long ago. And you believed it was so ... real.

Adrian Gabriel Dumitru

BEHIND THE ABSTRACT

... there is always a message

I see in my friend Arij ... as a reflection of my life ... of my past ... of my beliefs.

Today ... even if she is still in love ... she sees that it's all an illusion.

Me ... not being in love anymore ... i can only see the message behind the message ... and laugh thinking how i acted at that moment.

But the Universe needed to teach me what the illusion was ... and a love story is the perfect illusion you can ever study in life.

I had to be disturbed.

I had to be confused.

But in the end ... i decided to be in love only by the life itself, with everything that means.

BEHIND THE ABSTRACT

... there is always a message

**Friends ... then enemies.
Enemies ... then friends.
... just playing the silly game of domination**

On my path of life ... i just became an observer of everything is going on around me.

I might look like a philosopher ... or even as a writer ... but i am only talking about my life ... or life ... as i see it through my eyes.

Today ... i've been to a bank.

Had to do some financial transactions.

It was a little bit more complicated as usual and not knowing how to do it ... the guy from the bank became annoyed.

He even started to speak with a loud voice to me ... believing i am arrogant to him.

I did those kind of transactions many times before and i knew very well what i was asking.

Few more seconds ... and i've become his worst enemy.

Knowing myself ... knowing that i lose my temper very easy ... but also knowing that i am in a bank and they can call security very easy ... i decided to change the script of the story this time.

... and i ask ... "Have you ever thought resigning from this ugly job you have?! I mean you can find a job where you don't need to deal with people.

There are plenty of jobs like that.

Resign and you will feel ... better.

I had to deal with thousands of people in the past ... till one day when

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... there is always a message

i decided that it was enough.

And look at me.

I am not starving ... i have money to come to the bank and pay the invoices for the leasing of my cars."

He did not knew what to say ... but then ... "Look ... i will think about what you just said. Maybe you are right".

I could tell to the guy that he is an idiot and leave to another bank ... but i decided to connect with him ... and send him a powerful message for his life.

I am sure he is paid well at the bank ... but for sure he does not like that job in there.

When i left ... we shook hands ... and smiled to each other.

An idiot and an arrogant sent each other powerful messages ... cause i also understood that i just can't lose my temper all the time.

BEHIND THE ABSTRACT

... there is always a message

Truth be told ... we love animals, but we hate the human beings

It happens i know about an interesting story from a residential complex.

I actually know the owner of the complex and we use to chat sometimes over philosophical stuff.

The guy just hate the animals, but because he saw the opportunity that people like so much the animals, he re edited his advertising saying that pets are welcomed into his complex, for the ones that want to rent a house and own animals.

So ... the short story ... hating animals ... but accepting them ... as an opportunity to make money much easier.

And it worked, cause he rented all the houses.

So as any other businessman ... my friend was quite happy ... ignoring what he disliked .. as he loved more than anything ... making money.

But ... my friend is not such a bad person as you might think.

He created in the complex for his tenants a bar with a swimming pool and even if in there were living lots of people that love alcohol ... no one was using the bar.

So ... quite a paradox ... the people loving to drink ... did not used a bar that was build especially for them.

They just needed to interact a little bit with the neighbors and make new friends ... then spend time together at the bar.

But the people from the complex only loved animals ... and even if

BEHIND THE ABSTRACT

... there is always a message

they liked alcohol they preferred to drink at home ... just staying in the company of their pets.

The social experiment of my friend ... failed.

All it was based on the philosophy of living at home as being always in vacation ... but my friend not loving the animals, not knowing that people love animals because they love them back unconditionally... not knowing that between an animal and a human being ... most of the people will prefer the animals ... failed in his good intention of creating common spaces of recreation for his tenants.

And the real truth is that in many cases, people love animals, but hate the human beings.

They prefer being in the company of a dog, a cat ... or even a mouse ... than socializing with a stranger that became his neighbor. But things are just the way they are and if there is anything we could say is that behind the message there is always another message ... and i keep wondering myself what is the real meaning in this case.

BEHIND THE ABSTRACT

... there is always a message

You need to get lost ... to understand life

So many people are asking themselves ... what is life about?!

What is the real meaning?!

To have success? To go in expensive vacations?!

To become the owner of a fortune?!

Well ... today i believe that the answer depends only by the lesson of life that the person needs to study during the actual lifetime.

But getting lost ... is just part of the script.

Failing ... also.

Not finding a purpose ... also.

Even losing the hope ... and walking on a pathless path that we name it ... life ... is a process you need to follow to understand life better.

I don't believe any great philosopher had a happy life ... and also that there is no poet ... that wrote love poems ... meanwhile being happy with his partner.]

Philosophers ... even the great ones ... lived part of their lives in a labyrinth.

The poets ... the same.

Anyone ... who dared to find a meaning ... got lost ... not really understanding what is the best path.

Being lost ... becomes a whole chapter of what we name ... life.

Failing becomes also ... an important chapter ... same as the success story is.

... and you start this process of understanding what is really going on.

BEHIND THE ABSTRACT

... there is always a message

The moment when we see that the negative stories, but also the positive ones ... are having the same motivational values ... but in the same time, both being an illusion ... that is the beginning of a new life ... one when you become an observer ... and live life in harmony with the Universe.

And at one time you will see behind things and events that have a negative impact on you ... a positive message.

Not the times define the people, but the people define the times.

Few days ago i had to visit the school where i spent the first 8th grades.

It was the primary and secondary school.

This time i had to prepare to transfer my son in there.

I had good memories, but also bad ones from there ... and i even delayed few times to go and do the transfer.

The building was looking a little bit different ... cause was totally renovated.

It almost looked like a totally new building, but still i was feeling that nothing changed.

I enter the building and ... surprise ... the director of the school was a lady from the times i was there ... 35 years ago.

She was really young at that time, but now she was more than 55 i suppose.

When communism collapsed i was just starting the 5 th grade ... so half of the time that i spent in there it was in the communism times and half after the communism collapsed.

So ... at enter in her office, explain her what i want to do and she stops me ... saying that ... it's not about what i want ... but only if she agrees that.

She totally disliked that i said ... "i want" ... but i politely asked her if i should say ... "My desire is ...".

I lost my temper and could not stop myself to mention that i can still smell the communism i used to know from 35 years ago.

Her secretary, a lady of about 65, could not believe that i was

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... there is always a message

speaking like that to the director.

But the lady i used to know as a very shy person ... 35 years ago ... lost her temper too.

She said she will call the police ... but to call the police for what?! ... to tell them that we still have the ghost of communism in the building?!

35 years ... and nothing changed.

The only change they had to do ... was the attitude and nothing more.

I left the building ... asking myself why did i decided to come back into that horrible place ... that sometimes was even as a prison, mainly in the communism times.

It was funny that the people decided to hire a teacher from those times to be the director from there.

Maybe they wanted a change ... but still not a big one.

I understood that the message behind the message that somehow ...not the times define the people, but the people define the times.

BEHIND THE ABSTRACT

... there is always a message

**The purpose of life?!
There is no purpose.
Just enjoy life
... no matter how things are.**

I've been walking on a wild beach.

Felt fantastic.

I felt ... in fact ... that i am free.

After 20 years of work ... i came to a point where somehow i had the financial freedom i wanted so much ... and i could take a day off to relax on the beach.

The only problem ... a very silly one in fact ... was that it took me few hours to decide to take the day off.

It was the middle of the week and i was used to work even in the week ends, so taking a day off was not in my statistical behavior.

How could i leave?!

What if something happens and someone needs me?!

It's summer and everyone is in vacation now ... but my mind forgot about this scenario.

I was reading tens if books about success, financial freedom etc etc ... but none of them were saying what you do after you get the financial freedom.

I mean it's easy to say that you will stay on the beach and relax, but how can you jump from the ... daily working as a slave to ... relaxation?!

How can you change the mental software after you get what you

BEHIND THE ABSTRACT

... there is always a message

wanted from life?

Why all those books about success don't tell you about this huge problem?!

Was the purpose of life to achieve the financial success and then stay and relax?!

I just laugh ... when i think of this theory, cause it just does not satisfy me hearing that.

I was walking on a wild beach ... where you don't need any money at all ... and i could do this years ago ... and actually enjoy life.

I preferred to work for 20 years, including the week ends as in the end to realize i don't need any money at all to feel that i enjoy life.

It was a journey of 20 years ... on a pathless path and no one told me this or maybe i was too blind to see it.

Today i smile ... then i laugh ... of myself ... of how idiot i could act on the stage of my life.

But at least ... i am happy i understood the message ... you don't need anything at all to be happy.

All you need to do is just be present and enjoy life.

Nothing more ... nothing less!

Just open your eyes ... and understand that there is no purpose ... or if there is any that is just to be one with the present moment.

BEHIND THE ABSTRACT

... there is always a message

**Your environment and the events
from your life define in fact
... who you really are now.**

"I just don't like the life i have".

"I hate those people from my life".

"My life ... just sucks".

An infinite list with examples ... of how most of us define the actual reality.

But whatever reality we have ... in the end this is the life we have ... and we need to accept it as it is ... or change it.

There is no middle way and the funny thing is that we always forget that everything we see in our daily lives is just a reflection ... of who we really are.

So ... is the environment a reflection of us?!

Are the events a mirror of who we really are deep inside us?!

You think that those philosophical questions are too annoying?!

Well ... if the answer is yes ... you are in trouble.

Just make an exercise ... ask yourself ... why you meet so often annoying people?!

Or why the neighborhood where you live in ... is the way it is?!

Are you similar with the people from there?!

And i should also ask ...are you an annoying person too?!

Hmm ... i am sure you don't like what i write.

All the time when someone told me while describing what i don't like ... that everything is just a reflection of my soul and my

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... there is always a message

actions ... i became angry.

But i was angry not because that person was not correct ... but because i knew it was a true statement.

And it really became annoying for me to hear that all the time.

I understood the message ... but i did not accepted the message.

I was on the same frequency with the environment, but also the one of the events from my life.

You see ... sometimes the things are just the way they are ... and we prefer to accept them ... than ... make a change.

Is much easier ... and we consider is even ... safer as that.

Yes ... it's much easier to say i don't like my life ... i hate it ... it's a mess.

We are good when it comes about talking ... but it's too difficult to accept that life is just a mirror.

... just think about it!

BEHIND THE ABSTRACT

... there is always a message

And i keep wondering ... why i still keep wondering

Many times i laugh of myself ... thinking how i acted in many occasions in life.

I analyze everything on and on.

I define ... and then i try to redefine, but still i get the same results.

And i keep wondering why the things are the way they are ... but i find no good answer.

Life is beautiful.

I know i should enjoy it ... and nothing more.

Even live without any plan at all ... just connect with the moment and be happy cause i am alive.

I know the theory ... and i sometimes believe i know how to redefine the script of my life in a perfect way ... but i keep failing.

But it looks like i missed one thing ... when i studied the theory of the perfect life for a human being ... and that is the fact that failing is just part of the script.

It's ok to define ... it's ok even to believe that you try to redefine ... but maybe we should start by embracing the ... failing itself.

We believe that ... failing brings unhappiness ... but failing is a teacher ... the one that explains you that the meaning of life is not to be perfect, but to understand what is the message behind the message.

You see something ... but sometimes it is about something else ... an encrypted message ... that could make you see the philosophical view

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... there is always a message

in a totally different way.

But maybe it's time for me to decide that i should just ... stop wondering.

Maybe it's time to understand that the answer regarding the essence of life will never come ... from my thinking ... but from my soul.

I know is hard to believe that just by stop thinking ... the real answer will come ... when we are so attached by our thinking ... but maybe it's a good moment to accept that we failed only because we are too attached by what it means ... "myself" ... and in fact "i" ... "myself" ... does not exists ... being just part of ... everything.

So ... stop wondering!

Connect to the inner self ... and you'll find in there everything you are looking for!

BEHIND THE ABSTRACT

... there is always a message

What could a “bedroom town” mean?! **... what about “the house where i use to sleep”?!**

I had a political discussion with a guy ... involved in the local politics from my area.

The guy looks like a real gentleman, but in fact is a thief that was arrested few times in the past.

He looks like a philosopher of the modern political theory ... but in the end ... trying to hide the conflict we had ... we both became polite and started to discuss different common subjects.

This is how i heard for the first time the expression ... “bedroom town”.

It almost looked like a non sense, but this is how he defined our place.

People were working in the capital and only sleeping in our town ... so this was the reason the guy was calling like this the place.

But suddenly i remembered that i used to say about my house that is “the house where i use to sleep”.

So?! What was behind those definitions?!

What was the real message of what the guy was saying ... but also my sayings?!

Well ... most probably ... the house ... your house ... should be as a temple.

A place ... not where you only sleep, but a place where you disconnect from the world ... and allows you to stay relaxed ... mainly in your energy field.

BEHIND THE ABSTRACT

... there is always a message

Home ... must be like a magic place.

Could be a tiny house, or a palace ... but must have a magic vibe ... that you feel when you are there.

In the real world i build houses and rent them ... so i am kind of a businessman.

I pay attention to all the details ... but in the last years i mostly pay attention to the vibe of the area and of the house.

It's important ... to have beautiful feelings being in there ... while cooking, relaxing, taking a bath, meditating, sleeping etc etc ... doing only things related to you.

So ... i believe that if you see the area where you live, or the house where you stay ... just as a place where you sleep ... i think is too much and you are not in a good position.

People are a little bit different than animals.

We need special vibrational places only for us ... places where we can recharge our batteries ... so that when we go again into the world, to be ready to show them our beautiful side.

There are already too many showing us their dark side ... so ...

BEHIND THE ABSTRACT

... there is always a message

The perfect case scenario ... versus the real case scenario. Does the concept of happy marriage ... really exists?!

I was reading the writings of my dear lovely friend Arij ... and i was meditating:

"There is a beauty in being empty ...

In being unfound ...

In being lost ...

Being in illusion ...

But we have silly demands ...

And fancy dreams ...

That naturally evolve ...

In Overthinking ...

Fantasizing ...

Imagining ...

Expecting ...

Worrying ...

Doubting ..."

(Arij Emaan)

While politely asking another new friend if she is happy in her marriage ... she suddenly replied: "Does the concept of happy marriage exists for real?!"

My mind was starting to meditate.

BEHIND THE ABSTRACT

... there is always a message

I was thinking at what I recently read at Arij and what the lady i just met few months ago ... asked me.

Arij is a young lady ... that is in love.

My new friend ... i believe that was in love long time ago ... but maybe too disappointed by the real case scenario ... from the real world.

Arij is a little bit more than 20 and the other lady ... close to 30.

I believe both of them in one point from the timeline of life were looking like 2 sisters.

But in almost 10 years everything changed.

Life revealed the difference between the perfect case scenario and the real case scenario.

The love story became ... the marriage.

I met thousands of people but only once ... about 25 years ago ... i met an old couple that ... in a magical way ... they were still in love.

After a marriage of 50 years they were in love.

I was 18 at that age ... and i was laughing of them ... not knowing that years later i will fail in my marriage ... just because i was not asking them the secret of a long happy marriage.

I could ... just ask and i am sure they would have told me what was the secret ... but i believed i was too smart to ask that.

At more than 40 ... i smile ... with love ... thinking about what Arij is writing ... laugh at the philosophical questions regarding marriage ... came from my new friend ... and only ask myself why i don't see the message behind the fact that so many marriages are failing.

But ... being just a simple human being ... being in the statistical data of the humans ... being the same as all the others ... all is left for me to do is ... just continue asking myself philosophical questions.

... and no answer is coming to me ... at least not a good one, cause i am still too blind to see the message behind the unhappy marriages.

And life continues ... just in the statistical data!

BEHIND THE ABSTRACT

... there is always a message

The best of your times

"The best of times ...
The period of mistakes ...
The age of foolishness ...
The season of light ...
The spring of hope ...
The epoch of belief ...
The epoch in incredulity ...
The disappear of anxiety ...
I had nothing before that ...
I had nothing before ..."
(Arij Emaan)

What is the best times from your life?!
Had you succeeded everything you've asked to the Universe?!
Well ... if yes ... you already know that you were lucky cause you was on that timeline ... and not because you succeeded.
You made all kinds of mistakes, but the anxiety disappeared all the time ... cause you had in your soul the belief ... the incredulity.
The path of success was in fact a lesson for understanding how we can connect to the Universe through our souls.
And it was so, so simple.
Before that ... you had nothing ... but nothing meant ... not the success itself ... but the connection with the inner self.
You had ... the best of your times ... and had no idea about that.
You were enjoying the path ... and the Universe was on your side, watching your back.

BEHIND THE ABSTRACT

... there is always a message

Then one day ... the success came.

It was the end of the path.

You did not know what to do ... to be happy and grateful that the desire became real ... or unhappy because this story came to an end.

You had nothing before that ... and again ... you are in the position of having ... nothing ... one more time.

But you have a moment of enlightenment ... understanding that life is not about success and failing ... but about enjoying both of them ... while living the scenario the Universe prepared you.

The message?!

.... just enjoy life.

BEHIND THE ABSTRACT

... there is always a message

**It does not need to be perfect.
It needs to be real!**

I had so many times when i was looking for perfection in my life ... and nothing happened.

I was only delaying everything for months or even for years looking for the best case scenario ... that in fact never came.

I was trying to touch the horizon line ... lying myself that i look for perfection, but in fact i was afraid to start the new chapter.

The perfection became a great ... excuse.

And it was never the best time to start ... cause there was always something to add, change etc etc.

I was convincing myself that this is the professional way of doing the things ... and it was the perfect decision.

Once, not so long time ago, i prepared the things so that i can open kind of a senior village.

I had a big lot, many houses in there, a small restaurant, kitchen, etc etc.

It was a perfect plan ... but the electricity company delayed everything ... then other things appeared and we decided in the end just to rent the houses and nothing else.

The project was abandoned.

After a very long time, lots of energy and money invested ... we decided just to closed the project.

Basically everything was ready ... but we never started and if you ask me now ... i believe we just delayed everything not as things to be

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... there is always a message

perfect ... but because we were afraid of really opening the project.
And yes ... the perfection was the perfect excuse.

Now i want again to open the same business.

I own a house with 23 rooms that is going to be kind of a hotel for seniors.

People that leave in vacation can let in here their elders for 1-2 weeks or they can stay even for long terms at us.

But this time ... i promised myself i will not be so idiot as the last time.

I will just open the hotel ... with only few rooms first and then the next module and ... in the end the 3rd one.

I will see how the business runs ... i will make money and reinvest everything in the same business.

I understood after ... losing lots of time, energy and money ... that the perfect scenario ... simple does not exists.

Or if it exists ... it is the one where you are now and you should just enjoy it ... the way it is.

Will i succeed to do what i am saying?!

Have no idea .. i sometimes believe in me ... and sometimes i just ... don't, but at least today i see my huge mistakes from the past.

I don't regret anything ... but i want to be the best version of myself and i know i can do that only by doing real things and not by making plans ... plans and plans.

The perfect plan ... is the real one!

BEHIND THE ABSTRACT

... there is always a message

**I prefer to spend my time only
with the people i am connecting with.
Is that wrong?!**

Today i went to a river ...into the mountains.
10 years ago ... no one knew that place.
You could go there and be just you ... and the nature.
We were there in the morning.
Only few people around and it was the perfect atmosphere to connect
with the nature.
If you know the result of this ... actually ... the therapy of connecting
with the nature ..: i am sure you have this trip in your mind all the
time.
I left my family in there and went for one hour to walk on a path
parallel with the river.
But when i came back i was totally surprised.
The area became very crowed, lots of people listening loud music ...
and my desire of connecting to the nature ... became mission
impossible.
I totally disliked what i saw around.
A crowd of people that came to the mountains to eat, drink alcohol
and listen loud music.
The funny thing is that 15 years ago i was doing that too with my
friends ... but maybe something changed inside of me ... and i started
to hate doing that.
I became more selective.

Adrian Gabriel Dumitru

BEHIND THE ABSTRACT

... there is always a message

The message was simple for me ... wherever the crowd is ... i must not be in there.

In fact i became too selective.

I started to like to spend my time only with the people that i am connecting with ... and avoid all the people that i do not like.

I actually ... even started to practice ... the solitude.

And now ... even if i like what i had decided ... i have moments when i wonder myself if i am wrong ... thinking and acting as that?!

Maybe it's a new chapter of my life ... and no one should judge this tendency of mine ... but in the end ... it's my life, my decisions and i will pay the price for those decisions.

Life has many paths that ... i should follow ... and this one ... maybe is a good one.

All i want is to spend time with people that i define as ... beautiful people.

People with good vibes.

People that have good intentions.

When i use the word "beautiful" ... i am speaking of their souls ... and i see the connections we have together.

So ... is it wrong to be selective?!

Well ... i just believe is difficult to stop drinking alcohol ... if you can't forget about your friends and their unhealthy habits ... that spend all their time in the bars from your area.

At one point ... we just follow different paths.

Nothing more ... it's quite a simple message even if is difficult to explain to all the ones around you ... that feel you don't like them anymore.

And it might be true.

... but the message behind the message is just that you want a change in your life ... and even a big one ... and you need another environment for that.

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... there is always a message

**Don't run away anymore ... is useless.
Just connect with the moment, no
matter what the moment means
... and enjoy it!**

There are so many philosophers today, that i think is useless daring to define as true statements what i write in my essays.

But i believe we are on the right path if so many people are asking themselves what life is about.

Our philosophical side ... might help us understand the essence, just by simple changing opinions ... at work, as school, with friends ... and even with enemies.

All i know for sure ... is that the method i study now works.

Is about the theory ... that becoming an observer of your own life ... of everything happens around you ... is not that the awakening will come to you ... but you'll have an idea about what is the meaning of the human being in this strange world.

I study philosophy from an early age, then i stoped for 15 years ... as one day to restart everything ... just because my vibe collapsed.

I needed a change ... but i did not knew for sure what is the vibe.

Feeling very uncomfortable i started to read blogs and books, watch motivational movies ... connect with people interested about the subject ... and many other things.

I even tried to change my environment many, many times ... but nothing worked.

I was running of something ... but i was not sure what was it about.

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... there is always a message

It took me years to understand, what i call today ... the message behind the message ... and that was the fact that i was running away by myself.

I was not a dogmatic person, at least in a conscious way ... but i refused the meeting with my soul.

And i continued a pathless path, running away for many, many years in the row.

But one day ... i just decided to stop ... saying that ... it is enough!

I started to accept the present moment, whatever that moment was ... connect to it ... and even enjoy it!

I was not doing it with all my heart ... but it was the beginning of the process.

... and there were moments i loved the new scenario of my life ... and moments when i was forcing myself to continue.

But i was continuing on the new path ... the one of accepting the actual reality as the best script for my life.

BEHIND THE ABSTRACT

... there is always a message

Despite the stubbornness

"Despite our stubbornness ...
We don't get many things ...
Life is so weird ...
It doesn't give us anything when ...
We ask ..."
(Arij Emaan)

The meaning of life is not to accomplish our desires ... and believe me, we have thousands of them ... but to enjoy it as the best script that could be written for yourself.
So, so many informations today about the secret law of attraction ... but too bad that no one tells you that this law will not make you really happy.
It will help you get in life what you want ... but the true happiness will never come to you as that.
We become stubborn ... and still we get so little.
But why?!

The more we study ... the less we get ... which is becoming a total nonsense.
I was keep wondering for years what was the message that i could not understand ... why if i know so much about the law ... the reality doesn't change at all.
But i could not see that my desires had be transformed into spiritual desires.
The path from the outside world ... had to be a spiritual path ... not a

Adrian Gabriel Dumitru

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... there is always a message

path related with materialistic world.

Somehow ... the Universe was loving me ... not letting myself become blinded by my silly desires.

I was still saying ... "i want...", "my huge desire is ..." and i could not stop ... but the Universe was replying back to me ... "No! ... just No! That is not the path!".

I've started to follow so many paths in life to understand one day that all of them were only simple ... pathless paths.

But ... it was very difficult to accept that.

Despite my stubbornness ... the Universe was whispering all the time that the law of attraction can have also ... a weird meaning ... and this is when you shift from materialism to spirituality.

I am not even a philosopher ... but maybe i gave you an idea to meditate over the subject.

BEHIND THE ABSTRACT

... there is always a message

**Let's sing!
Let's dance!
... and forget about your silly rules.
I won't stay for long anyway.**

About an year ago, i've wrote an essay with the same title.

It was written for someone dear to me at that time.

Today ... i write the essay for someone dear to me in the present moment.

Same me ... but a different version of myself.

Something changed inside of me ... but i can't define for clear why or what.

I just changed.

My life is like the rotations of seasons.

Today is summer ... tomorrow in autumn ... and on and on and on.

I don't know if the new version of myself is a better one ... but i feel much comfortable me with myself.

I learned to treat with a little bit more love every person from my life ... and the most important change i've done is that i see a progress when it comes about living without expectations when it comes about my relationships of any kind.

In the past, i saw a trend of domination on both sides ... now i am looking just for open connections ... and try to see as a dance all my interactions with other people ... no matter who they are.

I always loved to interact with people ... but i did not know how to do it.

I had kind of a blindness ... but i also forget the rule number one of

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... there is always a message

any kind of relationship ... and that is ... come with the open heart ... having no expectations at all.

Just imagine how the world would change, if we would apply this rule. Should be ... a better world.

To smile to the person next to you in the subway ... to smile to a colleague from work that had a negative impact on your carrier in the past ... to treat with ... love ... everyone we meet.

But it sounds as a science fiction scenario ... isn't it?!

It's a simple rule ... but too simple to understand and apply it.

Some of our connections ends just in a second ... cause we could just look to each other ... while walking on the street ... and then never meet again.

Some ... last longer ... and some of them ... takes too long maybe.

What i don't understand is why if ... we won't stay long anyway in here ... in this world that can be defined in a million of ways ... why we can't see the message behind the message ... and why we don't pay attention to the connections we have ... and make them great connections.

Is just a decision ... nothing more!

BEHIND THE ABSTRACT

... there is always a message

**And one day i realize that the amazing
pleasure i used to feel in the past
... just disappeared ... and i keep
wondering myself ... why?!**

Most probably even if you love eating caviar ... if you eat for lots of times that ... one day you will say that is enough ... and probably you are thinking of trying to become a vegetarian.

The story written by Mark Twain ... "The Prince and the Pauper" is an excellent example of how the human being had enough of anything from life ... even of great things.

The prince prefers to change his place with the pauper, just to see another kind of life ... the opposite one.

The pauper ... believes also that trying, for a test the life of a prince is also a great idea ... so they just switch the places, cause they had almost the same look ... and was quite easy to do it.

In marriage happens the same.

Could have the perfect husband or the perfect wife ... but one day ... you believe that still ... life is too boring and you should try having another partner also ... or at least taste the life with another partner for a short time.

And many people are doing this today.

Cheating had become something ... normal.

But why?!

Truth be told we lose our interest in all the things from the world ... after a while.

BEHIND THE ABSTRACT

... there is always a message

We enjoy them ... we believe in their greatness ... but one day ... we just want to try something else also.

We want a change.

But should we exchange something great ... the best case scenario ... if we are lucky enough to have it ... with something else?!

What is behind the need of experiencing other things also?!

Well ... i believe that one day the amazing pleasure we used to feel in the past ... just disappear and we feel the need of an understandable ... change.

I recently read again the story of Adam and Eve ... written by a priest and even if i don't like the style the priests are telling stories ... i believe that was the appearance of that need for change in our mental dna ... eating the apple.

But i continue asking myself ... why?!

Why this need of illusory change?!

And in fact ... yes ... just illusory change ... cause in many cases ... we prefer the confort zone ... not the change.

Well ... i think the message behind the message is quite simple ... we are looking for tasting the change ... not doing the change.

We prefer ... to taste ... then come back in the old area of confort ... saying that we tried.

We divorce ... then ... come back to the old partner, we quit smoking then we also try marihuana ... we quit drinking alcohol ... then we also try whisky, cause we drink enough beer and wine etc etc.

So ... maybe i should write a book about the pleasure of ... tasting things, events ... people.

Why not?!

BEHIND THE ABSTRACT

... there is always a message

Defining ... a way of amplifying too much ... if we don't know the art of being detached of everything around

I believe in analyzing in a microscopic way ... even if being so busy, i prefer the macroscopic way.

I also believe in defining.

And i also believe ... that it helps a lot.

But analyzing and defining what we see in our lives ... is perfect ... if we know to not amplify too much the sensations.

A younger friend of mine ... that believes in the power of marihuana ... trying to convince me all the time to try it ... explained me few days ago that i will never understand the essence of life without using drugs.

But i quit even drinking alcohol ... so ... why should i use drugs?!

Is it really necessary?!

First of all ... as a person that is not even smoking ... marihuana sounds as a strange thing to taste.

Is almost like being a man that always enjoyed the company of beautiful ladies and a homosexual friend is explaining about his sexual pleasures ... trying to convince you that you should try it.

I am really sorry for the example ... but is really a great one.

But ... i am sure that probably ... i am not so opened mind as i might look sometimes.

On the other hand ... i want to understand the meaning of life ... so ... what should i do?!

BEHIND THE ABSTRACT

... there is always a message

I believe that drugs are amplifying a lot your sensations ... and some of the things can be seen deeper ... in a microscopic way ... but still ... is this the only path?!

And if i learn the art of defining and i amplify too much what is going on in my life ... what is going to happen?!

Something good?!

Something bad?!

But what if we try to change everything ... and just become a simple observer?!

Just be totally detached of everything you see ... even if all is about you ... and about your life?!

Should that be an alternative path?!

What do you really think?!

I personally ... don't believe in morality anymore.

Find it too ... dogmatic and even worst ... a spiritual barrier ... even if it sounds as a paradox.

I once read an interesting quote ... "Define or be defined" ... but today, i believe only in the concept of detached defining.

You become the observer, but you are never identify yourself with the person observed, analyzed and defined.

BEHIND THE ABSTRACT

... there is always a message

Understanding the other side ... something we just never think about

We are friends and then we become enemies.

We are husband and wife and then we become enemies.

We are brothers and then we become enemies.

But ... sometimes ... we are enemies and we become friends ... even good ones.

But why?!

How's that?!

Well ... i believe that most of us are too attached by their own universe .. thinking ... personality ... and there is no time left for seeing something else.

It looks like in the world there are Universities of Medicine that at the beginning ... when the students start the university ... they have kind of a theatre class and the students play the role of the doctor, but also of a patient.

The student that has the role of patient needs to wait, needs to stay in uncomfortable conditions ... and needs in fact to understand the way a patient is being treated in a hospital, but not from the point of view of a doctor.

The student needs to understand the other side ... but to be easier ... the student is the other side.

And i now wonder ... what if you can somehow view the real position of the friend that you had a fight with ... or the wife / husband or brother / sister with who you have the argue.

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... there is always a message

Understanding the other side ... is something we never think about ... because we just can't see behind ... us.
Could be a nice trick ... but even as that ... we are too blinds to see it.
So ... what is the message behind the message?!
Maybe we are not ready yet to connect to the world ... maybe we can't see behind our own interests ... or maybe no one ever told us about this trick.
But how's that people that are friends become enemies and people that are enemies become friends?!
What is really going on?!
Well ... i suppose we don't know so much about how we connect and disconnect from people ... even if we do it so often.
In fact no one ever told us about this art ... and especially that this is actually an art ... the art of understanding and connecting to the other side.

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... there is always a message

Connecting to the other side, does not mean you need to be one with the other side

I am trying to do all my best to become a real observer of my life and of everything happens around me.

I've come to the final conclusion that it is the only way to understand the real meaning of why i am here.

Philosophy is just a way of playing around.

I have a nice lake at home ... but i never stay in there to fish and relax.

Could be a nice hobby ... but i am not doing it.

I prefer to read and write.

This is the only way in how i become calm.

The moment i am not doing one of those 2 things agitation starts inside of me.

I connect to what i call reality ... and always end up losing my calm.

Somehow i connect to all the people from my life ... and i start living a life defined by the energies of the others.

Most probably ... not even in 100 years from now ... i will not see for clear the fact that i could interact with the people from my life ... connect to them ... but not become one with them.

I know the theory ... but when it comes about practice ... i always forget that i should not live in the energy field created by others ... unless i know they are good, but also wise persons.

Today i believe that my number one lesson i need to study during this

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... there is always a message

life time is the human interactions ... the way we exchange energies ... good connections that raise our vibrations ... but also bad interactions that stop the path of our evolution.

The good news is that i am aware of the fact that i need to pay attention at the way i am interacting with people.

I started to pay attention even if i meet on the street a homeless person ... or how i interact with a person that i defined in the past ... friend ... or even worst ... enemy.

I try to see if i see a message ... behind of all the interactions i have ... and all i hope is that one day i will reach a spiritual level ... when connecting to the other side, will not mean i need to be one with the other side.

The energy field ... ideally a positive one ... could be defined by my good intentions ... and if i really want to be one with the other person ... like a love story for example ... i should keep in mind that the connection should allway follow a positive path.

... but theory is theory ... practice is practice.

And i continue my life ...

BEHIND THE ABSTRACT

... there is always a message

**Yes ... there is a tear!
But it all looks like a discrepancy.**

The most difficult problem in the world is that we don't even understand ourselves.

We want to know and deeply understand ... what is this society where we live in ... what is the human being ... but we end up having no idea about who we really are as individuals.

As children ... we have the connection with the inner self ... but growing up ... a tear appears and even if it looks as a discrepancy ... we don't know what to really believe, being in the labyrinth of life.

The adult becomes a lost person.

Philosophy ... personal growth, psychology looks like a logical path to follow, but still ... something is missing.

The child was happy.

The adult is not.

He just lost the inner child ... and most probably will never meet again.

... but life continues ... in an unhappy way ... and no matter what path of life we choose ... we remain overwhelmed by discrepancy.

One day someone pronounces the word ... tear and a moment of awakening appears right away.

Suddenly ... you just realize that ... what is really missing is the connection with your own soul ... the one that you had years ago ... as a little child.

Then you see that you don't need anything at all ... no success, no

BEHIND THE ABSTRACT

... there is always a message

fancy cars, no huge amounts of money in bank ... no nothing.

Just the ... connection ... cause the connection with the inner soul is the connection with the Universe itself.

And being connected with the Universe ... you actually have everything ... the infinite.

But even finding out the message behind the message is useless ... cause that is not really solving the case of ... the tear.

In the end ... we should hope that time ... will fix all the things ... that also time broke inside of us ... without even noticing.

BEHIND THE ABSTRACT

... there is always a message

Bipolarity ... a way of surviving

During the time there were many people that told me that i suffer of bipolarity.

Even my wife tells me that all the time.

But i consider that i just don't hate too much when i have a fight with someone ... cause 5 minutes after the fight i can smile again to that person.

So ... i wonder what should happen if we should have a blockage and would not speak anymore with anyone we argued.

And why i am defined as suffering of bipolarity, because i can easily jump from friends to enemies, but also from enemies to friends?!

Even if bipolarity sounds as a bad attribute of the personality, i honestly believe that is the opposite of what it looks like.

Bipolarity can become in this crazy world where we live in ... a way of surviving.

This balance ... is seen from outside as something negative ... without understanding the whole story from our inner soul.

We show our dark side.

Then our beautiful side.

Then again the dark side ... but right away we remember to them that inside of us is a beautiful side also.

Bipolarity, defined as a way of surviving ... helps us act better on the stage of life and keep the right balance from our good and bad side.

Is a way ... in how we try to redefine ... scenarios that even if are created by us ... we don't really want them.

Behind the bipolarity ... the message behind the message, as i always

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... there is always a message

use to say ... you see a person that doesn't succeed all the time to act in the perfect way ... but still ... is realizing that ... and tries to be that perfect person that should be.

Bipolarity is weird, difficult to be understood and accepted ... but in fact is this balance from the perfect case scenario to the real one ... and then another try to make everything perfect ... and on ... and on ... and on.

But in the end ... is a way of surviving ... and be better human beings ... even if we don't look like this.

BEHIND THE ABSTRACT

... there is always a message

The final stage is ... the silence!

Don't like what you see around you?!

Don't like how they treat you?!

Want to change all these ... but you see that anything you should do is useless ... cause you have no chance of really changing the reality?!

You are wasting your energy ... and all you succeed is ... lose your temper all the time.

But one day ... you just realize that the energy field where you live ... that environment of your reality is just the way it is ... and can't be defined by your energies.

You've got no power of influencing what is going on.

The funny thing is that you become stubborn... and you still try and try and try.

And ... no result.

Or maybe i should say that the only result is that you lose your temper.

The path of the energies are remaining the same ... and you have no clue why this is happening to you.

Well ... even if you read so many books ... you realize that no one ever bothered to write that there are only 2 major ways of living in the world.

One is ... when you are so powerful energetically that no matter where you are ... even in an area with very intense negative energies ... like a prison, a hospital etc etc ... you influence them sending powerful positive vibes to all the ones around.

BEHIND THE ABSTRACT

... there is always a message

That is .. for example ... the power of a guru.

But for the rest of us ... the path of spiritual evolution is totally different ... and the scenario is just not the same as for the guru.

Changing the frequency ... being in a different spiritual level you just don't feel comfortable in a reality defined by the others ... by their energies.

Being too many people ... are stronger than you ... which i believe is natural.

And again the path is splitted in another 2 options.

One is to stay with them just like you did it till now ... cause all those people from your life might be the brother, the wife, the sister, the son, the sister in law, a parent, the colleague from work etc etc ... people that are difficult to just remove from your life.

The other option ... of course unless you are a guru and you can simply embrace your reality ... is to start practicing the solitude ... and the silence.

You can still be there ... but actually ignore them ... by staying only in your inner world ... in your own energy field ... defined by the new spiritual level where you are now.

So ... in the end ... the final stage to survive in a world that you don't like so much ... but on the other hand you can't change it ... is just practice ... the silence.

Being present ... but absent in the same time.

BEHIND THE ABSTRACT

... there is always a message

**There 2 ways ... speaking to you in
a nice way or ... by force.
Which one do you prefer in the
relationship with the Universe?!**

Sometimes the Universe is whispering you ... by sending messages that are somehow encrypted ... and difficult to be understood.

An event.

A strange reaction of someone that you don't even know so well.

A sudden change.

A blockage. Then another one.

The way the messages comes is not even happening in a constant manner.

Everything looks illogical ... but the message is always the same.

Sometimes you believe in the intuition ... in the signs sometimes you just can't see the message behind the message.

And you start to believe that life is just the way it is ... and you should take for granted everything you see in the real life.

Then ... the Universe is whispering again.

But you are so confused.

This balance is killing you little by little ... the balance between believing that life is an illusion ... with a strong message behind the illusion ... or it is real ... and you should take the things just as they are.

It's quite difficult to be sure if a theory is true or the other one.

The Universe continues whispering.

BEHIND THE ABSTRACT

... there is always a message

One message.

Another one.

And ... another one.

But you can't see that the meaning of life is to understand the truth behind the illusion.

Even the inner self ... becomes a false self.

We proudly call it Ego ... not understanding that this is a not the right path to follow.

And one day ... the way the Universe is sending us the messages ... suddenly changes.

The method of whispering ... speaking to you in a nice way ... goes to the end.

The other method ... teaching you by force ... introducing yourself in very difficult situations ... becomes the new way of communication.

And you have only one chance ... to understand the message behind the message.

If not ... if you keep being connected with the false self, the one defined by the outer world ... and not to the inner self ... the same experiences will be repeated on and on and on.

So ... don't even bother to ask yourself why life looks so unhappy ... if you continue ignoring the other side of the story.

BEHIND THE ABSTRACT

... there is always a message

**It's not that the change can't appear
... but it scares you even more
that it will appear**

We all have dreams.

Perfect case scenarios ... that we dream for them a lot.

And dream ... and dream ... and dream.

And the funny thing is that one day ... being totally surprised ... the change appears.

Becomes real.

So real ... that is totally confusing for you ... not knowing how to act in the new circumstances.

Weird ... as the change can't be accepted.

You asked for the change ... you dreamed for it ... but the scenario that became so real ... scares you.

A real non sense ... but we are not used with what we defined as perfect case scenarios.

We start to sabotage ... the change ... and we do that because we are used with an unhappy life and unhappy circumstances.

We are so scared of perfect situations ... and we act so ... so ... silly.

But at least we have the gut to ask ourselves ... why?!

Why we should act so silly on the stage of life, after the Universe accomplished our dreams regarding the change?!

In the end ... us ... as any other human beings ... prove that we can't connect for real at what we dreamed in life.

A dream is just a dream.

BEHIND THE ABSTRACT

... there is always a message

We just want to taste the dreams ... and nothing more.

But what is the message behind this behavior?!

Today ... i believe that what i call ... the message behind the message ... is quite simple ... we know nothing about the art of connecting to a happy life ... and the next second the script is redefined from a grey reality to a beautiful one ... we simple don't know what to do.

And ... we even want to run away.

We love seeing the change ... but we can't embrace it ... even if we dreamed so much for it.

And we continue life ... continue hoping ... continue dreaming ... and still never be ready.

But what if it happens again for real?!

Well ... the silly balance between the worst case scenario and the perfect one ... will always be there.

BEHIND THE ABSTRACT

... there is always a message

Much better as Casanova ... but still unhappy. A real story about lost souls.

It looks like the well known Casanova had about 300 women in his life.

But even if it looks as an amazing experience ... Casanova had a huge handicap ... he did not had the support from Tinder at that time ... so nowadays ... i believe that 300 partners in a life time is not so much. But let me tell you a story.

It happens i know 2 guys, that are my friends in the real life.

They used to be businessmen, but they retired and all they do now ... is just dream about new girls all the time.

One of the guys ... let's call him Carl ... used to make good amounts of money and because of the business circumstances he met thousands of women.

But he almost missed all of them.

The other guy... let's call him George ... made huge amounts of money in his businesses, being more pragmatic ... and had about 5-600 women in his life.

Almost double than Casanova ... which was a legend.

But the funny thing is that all the time when i have the chance to talk with them ... they are both unsatisfied by their sentimental life.

Carl is still looking for the perfect mistress, cause he is still married and George ... even if he tasted so many relationships ... did not found yet ... that perfect lady for him.

BEHIND THE ABSTRACT

... there is always a message

Sometimes ... one is enough ... but not for the case of my 2 friends.
Successful businessmen ... but unhappy cause they don't have yet ...
something they defined so clear to the Universe.

I wonder how is it possible to meet so many ladies ... but still ... can't
be satisfied of what you have in your life.

Is difficult for me to understand ... both of them ... and is clear that
no one will meet what they say they want to meet.

The message they send ... is much deeper.

Most probably ... there are many happy men from all around the
world that had met only one lady ... got married with her ... and had
a very happy life.

... but my friends are just tasting the interactions with beautiful ladies
... having always the excuse that they look for the perfection.

My opinion is just that ... perfection does not exists ... is only
illusory ... and it ruins the life of my friends ... forcing them to follow
a pathless path.

Are they happy?!

Will they ever be happy?!

Well ... who knows ... but probably not during this lifetime.

BEHIND THE ABSTRACT

... there is always a message

Cheating ... an art of coming back at home with different energies?!

I love the saying "it's not what it looks like!".

The funny thing is that i heard this from lots of people that i know for sure that they cheat or cheated in the near past.

They told me amazing stories.

Fabulous explanations.

When i was about 15 someone told me at that time that cheating is the only real trick for saving a marriage, at least till the things between the partners go to normal.

I was shocked and totally disliked the theory.

Later on ... in life ... i cheated and i was cheated.

I did not like neither of the circumstances ... but one day i had a moment of awakening, seeing the message behind the message ... and i understood that i cheated cause i considered that the relationship i had did not offered me what i really expected ... but also that i had been cheated cause i was not acting like the partner i had to be.

I know ... cheating is not moral.

But ... nowadays it is almost normal ... cause it happens so ofter for so ... so many people.

Cheating became the last option before breaking up.

A last used trick to save something that looks almost impossible to save.

And the theory i heard when i was 15 ... and totally disliked looks so true.

BEHIND THE ABSTRACT

... there is always a message

But why?!

Sometimes the only sense for cheating is just as someone to come in your life and help you be reinvented.

To help you understand how you used to act long time ago, in the moment when you met the person that is today ... still your partner. And the funny thing is that the energies that you come back with in your relationship can help the 2 of you a lot.

I know ... i am too abstract ... and the theory of cheating is much too simple to be understood.

But ... that's my style!

I just love to define the undefined ... and see the meaning of abstract in our silly lives

BEHIND THE ABSTRACT

... there is always a message

We are all influencers ... of different kinds

Truth be told ... we somehow influence and are influenced by the others.

Unfortunately ... negativity has usually a much easier impact in the environment we spend our lives.

Positivity ... even if it exists ... is not so easy to see around.

But in the end ... no matter of intensity of the impact we have ... we are all influencers ... of different kinds.

The only problem is that no one ever told us ... that life is sometimes like a battle field.

We feel it ... but ...

But we react ... at negativity ... with even stronger forces of negativity ... and unfortunately ... in many cases ... we totally ignore positivity.

We know what a influencer is, but just don't believe that we can be defined as that ... even if it's done in an unofficial way.

What i don't really understand is why we can't see that we can change the world ... just by changing the small corner of the Universe where we live our lives.

We can't see we can be that ingredient that transform the life ... from grey colors to beautiful colors.

We always forget that a little piece of sugar can make the coffee ... have an amazing taste.

For the real life ... that should be ... a smile ... a nice word ... etc etc Nothing difficult to do ... or implement.

We want to do it ... we know we can do it ... but we just don't do it.

Adrian Gabriel Dumitru

BEHIND THE ABSTRACT

... there is always a message

And we know so well ... that we have a beautiful side too ... where you never see the dark side but we just don't share it ... with the others.

That small corner of the world ... lose the chance of becoming a better place ... cause we are just afraid of showing the influence of our positive side.

... but we still remain influencers.

BEHIND THE ABSTRACT

... there is always a message

**Reality ... whatever you live now
... is the best case scenario of
what you could live ... but you will
understand that later.
Is just that today ... you are blind.**

Sometimes it's quite difficult to understand why things are happening the way they are happening.

We could even define reality ...as being totally illogical.

Even if we know the theory that behind any fact from the real life is hidden a different message ... and it's never what it looks like ... we just cant understand why the Universe offered us those scenarios.

And we keep wondering why.

Again and again and again.

We even strongly believe that we know better than the Universe what is better for us and we ignore all the signs we see.

We understand the messages ... but we just ignore any meaning at all.

"Living the present moment" ..."Carpe diem" etc etc ... looks like no sense advices.

We don't really realize that what we live today in the present moment ... is actually the best scenario the Universe ... that infinite intelligence ... prepared for us long time before coming into this world.

There are moments when we believe in the concept of destiny ... but lots of other moments when we think that everything happens

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... there is always a message

randomly ... having no real meaning.

And we keep being blinds ... but the philosophical question is ... till when?!

BEHIND THE ABSTRACT

... there is always a message

**Don't bother to think so much!
Just do it ... if this is what
you feel that is the path!**

I read the book "The 5 second rule", written by Mel Robbins. The book had been a best seller all over the world, but the way is written ... i considered it was a little bit annoying. The message of the book is quite simple ... you only have 5 seconds to decide that you will do it ... whatever is to do ... especially the important things.

Otherwise ... you will find 1 million excuses not to do it.

The book is full with example of people that applied the rule ... and it worked.

I found annoying in the beginning, that the book was focusing on so, so many examples and was missing describing the rule.

But the theory itself ... was so simple that there was not so much to write about it.

You just need to count 5,4,3,2,1 and just wake up, start make the homework, refuse the glass of scotch if you know that you have alcohol problems etc etc.

Probably the book has hundreds of example described ... so that you easily see how the others applied the rule in their lives.

Yes ... truth be told we think too much before we do different things ... especially the important ones.

Instead of connecting to the inner self, use the intuition to find the real path of life ... we believe that what we think ... the million of excuses might be true ... so at least we should wait until we find the

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absolute truth.

But this is not going to happen during this lifetime ... and we still wait.

Being obsessed with the fact that i should become my own observer ... i saw myself thinking a lot ... in hundreds of occasions... even in the situations when i could do something good for the others. There were things easy to do for me ... but very important for the others ... and still i was not doing it.

I was thinking too much ... and missed the chances to help the ones that really needed that at that time.

But life goes on.

I am still working with myself ... to remove all the analysis before i start acting on the stage of the real life.

So ... i have a simple message for you .. don't bother to think so much ... just do it!

BEHIND THE ABSTRACT

... there is always a message

**Qu'est-ce que vous avez
préparé pour aujourd'hui?**

Rien

Rien??!!!

The teacher is asking the student ... If you learnt the lesson, but the student has to admit that he did not did it.

As philosophy ... i have a simple theory that i want to implement in my real life.

I tried to become an observer of everything happens around me, but also to me.

I try to define life ... only through the final results, but at the end ... i try to find the meaning at all those events ... what i call ... the message behind the message.

I understood that the meaning of life is to see all those lessons, the messages behind the lessons ... so that they will not be repeated anymore.

The desire of becoming a better soul, of being in a higher spiritual level ... will bring from the Universe more and more tests ... and you will be asked ... "Have you understood the lesson?!".

Scared ... you will say ... "yes" ... but have you really understood the

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... there is always a message
lesson?!

In many cases, just as the times when you were in school ... when you did not pay so much attention to the homework ... you will actually never be ready.

So .. what the Universe does?!

Just gives you more and more tests ... sometimes with the same subject ... and even if you will fail ... life will continue with more and more tests.

The meaning of all these?!

Well ... what is the meaning of school?!

Can we evolve spiritually just by reading books or going to church?!

No ... unfortunately is not that simple.

We need to understand the message ... that "life is an illusion" ..., and the lesson itself is hidden behind the illusion.

A friend once told me that she does not want anymore to play this game with the Universe, but you see ... depending of the meaning of this life ... sometimes you don't really have the choice.

But sooner or later the tests will come anyway ... so there is no real option to not play the game of the life lessons with the Universe.

Life continues.

Other tests will appear in your life and you will need to experience them ... but always keep in mind that is only a life lesson ... and a message to see.

And also don't forget!!!

Never be mad on the teacher ... all he really wants is your best.

BEHIND THE ABSTRACT

... there is always a message

**Why should we run away from the scene of life?!
In the end ... all we lived ... and we
succeed to interconnect the inner
and the outside world ... are amazing experiences**

Years ago ... i was finding strange that a human being could go to a monastery and remain in there for the rest of the life.

I was asking myself why the hell someone could go, by himself, in a prison ... for a lifetime.

Today i see things in a totally different way.

I understood that the world is the way it is and sometimes we just need to disconnect from everything to survive ... or to evolve as spiritual beings.

Buying a house on the top of the mountains, with no neighbors around ... or going to the monastery and live in there ... at least for a while is a real trick that could help our spiritual life.

But what if instead of that ... we do the opposite?!

Meaning ... staying on the stage of life, accepting all what is going on, analyze and define the meaning of all what is going on ... but seeing the life lessons as a blessing for a better spiritual life.

So ... what if we start to embrace everything is going on?!

Just as it happens.

Not bothering of anything.

Not seeing anything negative ... even if they look as that.

What do you think it can happen?!

Adrian Gabriel Dumitru

BEHIND THE ABSTRACT

... there is always a message

Living, accepting and embracing the present moment ... just as it is.
Connecting with the moment ... instead of running away.
Solitude is great ... and i start enjoying it even if i love to socialize
with people ... but i do all my best to stay on the scene of life and not
run away of it.
Just be there ... no matter what is going on.
At the right time ... most probably i will practice mainly solitude
but today i consider myself that i am on the chapter of understanding
life through the interactions i have with the others.
I decided to stay in the real life ... even if i know that all i see it's an
illusion.
All i hope is that i will be able to interconnect the inner and the
outside world ... and have amazing experiences all the time.